

12 You Are What You Wear

Reading

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- 12.1 literature** (n) /'lɪtrətʃə/
novels, plays and poetry • *He enjoys reading literature to relax in the evening.*

Word Focus

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- 12.2 vintage clothing** (n) /'vɪntɪdʒ 'kləʊðɪŋ/
quality clothes from previous decades
• *She likes vintage clothing from the sixties, especially mini skirts.*
- 12.3 lasting** (adj) /'lɑːstɪŋ/
strong enough to continue for a very long time
• *These classic shoes have a lasting appeal.*
➤ last (v)
- 12.4 Lycra®** (n) /'laɪkrə/
stretchy material • *Skinny jeans often contain Lycra® so they are more comfortable to wear.*
- 12.5 stretchy** (adj) /'stretʃi/
able to become bigger when you pull it and return to its original shape when you stop
• *She bought a small stretchy T-shirt to go with her jeans.* ➤ stretch (v)
- 12.6 material** (n) /mə'tɪəriəl/
cloth • *Wear clothes made from light material in summer so you don't get hot.*
- 12.7 fit** (v) /fɪt/
be the right size • *This dress is too big and doesn't fit well.* ➤ fit (n)
- 12.8 tightly** (adv) /'taɪtli/
close to your body • *Her jeans fit so tightly that she can't take them off now!* ➤ tight (adj)
- 12.9 charity shop** (n) /'tʃærəti ʃɒp/
a shop in which a charity sells goods which are donated by the public • *I gave some clothes to the charity shop which raises money for cancer research.*
- 12.10 charity** (n) /'tʃærəti/
an organisation which raises money to help people • *This charity supports children in need.* ➤ charitable (adj)
- 12.11 used** (adj) /juːzd/
not new • *He can't afford a new car, so he got a used one.*
📎 Opp: new
- 12.12 donate** (v) /dəʊ'neɪt/
give • *Please donate money to our charity so we can help abandoned animals.* ➤ donor, donation (n)

- 12.13 perm** (n) /pɜːm/
a curly hairstyle which is set in order to last a few months • *She had a perm and now her straight hair is curly.* ➤ perm (v)

Reading

pages 148–149

- 12.14 era** (n) /'ɪərə/
a period that is different from other periods because of particular characteristics, events, etc • *We are living in an era of change.*
- 12.15 shellsuit** (n) /'ʃelsuɪt/
trousers and a jacket that fit tightly at the wrists and at the bottom of the legs • *Shellsuits were really popular in the eighties.*
- 12.16 shoulder pad** (n) /'ʃəʊldə pæd/
a thick piece of material worn under clothes on your shoulders to make them look bigger
• *Shoulder pads were in all coats and jackets in the eighties.*
- 12.17 fashionable** (adj) /'fæʃənəbl/
popular for a while • *Jane often buys new clothes because she likes to be fashionable.*
➤ fashion (n)
📎 Opp: unfashionable
- 12.18 look** (n) /lʊk/
appearance • *Short hair is a great new look for you.*
- 12.19 spiky** (adj) /'spɪki/
Spiky hair is stiff and stands up on top of your head. • *Paul put gel on his hair to make it spiky.* ➤ spike (n)
- 12.20 cringe** (v) /krɪndʒ/
feel embarrassed • *He cringes when he sees photos of himself from twenty years ago.*
- 12.21 eyeliner** (n) /'aɪlaɪnə/
make-up that you put around your eyes to make them look bigger • *She always wears black eyeliner and pink lipstick.*
- 12.22 leggings** (pl n) /'legɪŋz/
tight trousers which stretch to fit your body
• *Leggings are comfortable to wear when you are jogging.*
- 12.23 lace** (n) /leɪs/
delicate material with a pattern of holes
• *Grandma has a beautiful lace tablecloth.*
➤ lacy (adj)
- 12.24 match** (v) /mætʃ/
be equal to • *No one can match Sandy – she's the best hairdresser in town.*

- 12.25 stuff** (n) /stʌf/
used to refer to a material, or things when you do not know the name or the name is not important • *No way! I won't eat this stuff!*
- 12.26 baggy** (adj) /'bægi/
loose • *She wears baggy trousers because she says tight ones make her look fat.*
- 12.27 tame** (adj) /teɪm/
unexciting • *Our parents' clothes look really tame compared to the cool things we wear.*
- 12.28 get dressed up** (expr) /get drest ʌp/
wear your best clothes • *I'm getting dressed up for the party.*
- 12.29 make a fool of (myself)** (expr)
/meɪk ə fu:l ɒv (maɪ'self)/
make yourself look stupid • *She made a fool of herself when she was the only person in fancy dress.*
- 12.30 hairspray** (n) /'heəsprɛɪ/
spray which makes your hair stay in style • *Use some hairspray on your hair to make it stay in place.*
- 12.31 cross over** (phr v) /krɒs 'əʊvəl/
change to sth else • *In the past, jeans were worn by workers, but they have crossed over into high street fashion.*
- 12.32 mainstream** (adj) /'meɪnstri:m/
generally accepted by most people
• *You should wear mainstream clothing if you work in an office.*
- 12.33 legwarmers** (pl n) /'legwɔ:məz/
socks without a foot that cover the leg from the ankle to the knee • *Dancers wear legwarmers to keep their muscles warm.*
- 12.34 puff-skirt** (n) /pʌf skɜ:t/
a skirt that is wide and full • *She wore a puff-skirt to the party.*
- 12.35 high heels** (n) /haɪ hi:lz/
shoes which are not flat • *High heels are attractive but not always easy to walk in.*
- 12.36 be on the short side** (expr)
/bi: ɒn ðə ʃɔ:t saɪd/
be quite short • *She is on the short side, so she finds it difficult to find trousers which are the right length.*
- 12.37 outfit** (n) /'aʊtfɪt/
a set of clothes • *Tracy wore a new outfit to the wedding.*
- 12.38 it just goes to show** (expr)
/ɪt dʒʌst ɡəʊz tə ʃəʊ/
that proves • *When people buy so many clothes, it just goes to show how important fashion is to them.*
- 12.39 trend** (n) /trend/
a fashion • *There was a trend in the fifties to wear leather jackets.* > trendy (adj)
- 12.40 recreate** (v) /ri:kreɪ'eɪt/
make again • *He tried to recreate the look of his favourite singer by copying his clothes and hair.*
- 12.41 dinner jacket** (n) /'dɪnə 'dʒækɪt/
a formal jacket • *James Bond put on his dinner jacket and went to the casino.*
- 12.42 striped** (adj) /straɪpt/
with a pattern of lines • *The clown wore striped red and blue trousers.* > stripe (n)
- 12.43 rough** (adj) /rʌf/
dangerous • *Many parts of the city are rough neighbourhoods, so be careful at night.*
- 12.44 roll up** (phr v) /rəʊl ʌp/
fold the sleeves or legs of sth upwards so that they are shorter • *He rolled up his sleeves and washed the dishes.*
- 12.45 sleeve** (v) /sli:v/
the part of a piece of clothing that covers your arm • *He wears short sleeves in the summer because it is so hot.*
- 12.46 elegant** (adj) /'elɪɡənt/
stylish • *The actors wore elegant outfits for the Oscar ceremony.* > elegance (n)
📎 Opp: inelegant
- 12.47 casual** (adj) /'kæʒʊəl/
not formal; everyday • *You can wear casual clothes because it isn't a formal party.*
> casually (adv)
📎 Opp: formal
- 12.48 high street** (n) /'haɪ stri:t/
the main street in a town, where most of the shops, businesses, etc are • *Have you been to that new restaurant on the high street?*
- 12.49 ripped** (adj) /rɪpt/
torn; with holes • *Mum doesn't understand why I like ripped jeans and she keeps wanting to mend them!* > rip (v, n)
- 12.50 individual** (n) /ɪndɪ'vɪdʒʊl/
sb who has a quality that makes them unusual or different from others • *He dresses unusually to show he's an individual.*
> individual (adj)
- 12.51 blindly** (adv) /'blaɪndli/
without thinking • *Gemma copied her friends blindly, without thinking if tight jeans suited her or not.* > blind (adj)
- 12.52 laughable** (adj) /'lɑ:fəbl/
silly • *His attempt to play the piano was laughable.* > laugh (v, n)
- 12.53 second-hand** (adj) /'sekənd-hænd/
not new; owned by sb else before you • *You can buy second-hand clothes here at cheap prices.*

- 12.54 refund** (n) /'rɪfʌnd/
money back for sth you have bought • *The dress was torn, so I took it back and got a refund.* > refund (v)
- 12.55 receipt** (n) /rɪ'si:t/
a piece of paper showing you have bought sth • *When you buy something, keep your receipt in case you want to return it.*
- 12.56 aisle** (n) /aɪl/
narrow corridor between shelves in a shop • *Fruit and vegetables are in the first aisle in the supermarket.*
- 12.57 label** (n) /'leɪbl/
a piece of paper/plastic attached to sth with information about price, material, etc • *The label says this skirt was made in Bangladesh.*
- 12.58 catwalk** (n) /'kætwɔ:k/
a long thin platform where models walk to display clothes • *The models walked elegantly up and down the catwalk.*
- 12.59 checked** (adj) /tʃekt/
a pattern of squares, usually of two colours • *The checked pattern on the Scottish blanket was green and red.*
- 12.60 platform** (n) /'plætfɔ:m/
a stage for sb to stand on when they are making a speech, etc • *He stood on the platform and spoke to the workers.*
- 12.61 shopaholic** (n) /ʃɒpə'hɒlɪk/
sb who is addicted to shopping • *She's a shopaholic, so she can't go out without buying something.*
- 12.62 shoplifter** (n) /'ʃɒplɪftə/
sb who steals from a shop • *The security guard caught the shoplifter putting a dress into her bag.* > shoplift (v), shoplifting (n)
- 12.63 try on** (phr v) /traɪ ɒn/
see if a piece of clothing fits you or looks nice • *You should try those shoes on before you buy them.*
- 12.64 exchange** (v) /ɪks'tʃeɪndʒ/
replace one thing with another • *You can exchange these items within ten days of buying them.* > exchange (n)
- 12.65 purchase** (n) /'pɜ:tʃəs/
sth you buy • *Her latest purchase is a new watch which cost 300 euros.* > purchase (v)
- 12.66 bargain** (n) /bɑ:gɪn/
sth for sale at a good price • *There were lots of bargains in the sales as everything was half price.*
- 12.67 borrow** (v) /'bɒrəʊ/
use sth for a time and then give it back to the owner • *Can I borrow your scarf as I feel a bit cold?*
- 12.68 tuxedo** (n) /tʌk'sɪ:dəʊ/
a man's black or white jacket and trousers, worn at formal social events • *All musicians have to wear a tuxedo at the concert.*
- 12.69 catalogue** (n) /'kætəlɒɡ/
a book with a list and sometimes photographs of things that you can buy • *She looked through the catalogue and ordered a pair of shoes.*
- 12.70 discount** (n) /'dɪskaʊnt/
a reduction in the usual price of sth • *There is a ten per cent discount on these shoes.*
- 12.71 fabric** (n) /'fæbrɪk/
material • *This coat is made of thick, warm fabric.*
- 12.72 high-heeled** (adj) /haɪ-hi:ld/
with high heels • *She wore high-heeled shoes on her date so she would look taller.*
- 12.73 smart** (adj) /smɑ:t/
wearing nice clothes and having a tidy appearance • *He wore a smart suit on the day of the interview hoping to make a good impression.* > smartly (adj)
- 12.74 glorious** (adj) /glɔ:rɪəs/
lovely • *It was a glorious day and they sat outside and had a picnic.* > glory (n)
- 12.75 in full force** (expr) /ɪn fʊl fɔ:s/
in very large numbers • *The students were out in full force to support the school basketball team.*
- 12.76 reasonably-priced** (adj) /'rɪ:zənəbli praɪst/
not expensive • *This sofa is reasonably-priced at 300 euros.*
- 12.77 one-of-a-kind** (n) /wʌn-əv-ə-kaɪnd/
unique • *This is a one-of-a-kind diamond ring, so it is extremely expensive.*
- 12.78 gown** (n) /gaʊn/
a long formal dress • *The gowns that the stars wear to award ceremonies are usually very elegant.*
- 12.79 flowery** (adj) /'flaʊəri/
with a flower pattern • *Grandma wore a flowery dress for the summer garden party.* > flower (n)
- 12.80 print** (n) /prɪnt/
pattern • *The curtains had a beautiful Japanese print of flowers and butterflies on them.*
- 12.81 out on the town** (expr) /aʊt ɒn ðə taʊn/
going to restaurants, theatres etc for entertainment in the evening • *They were out on the town celebrating her eighteenth birthday.*

Adjectives connected to fashion

baggy	reasonably-priced
casual	ripped
checked	second-hand
dull	smart
elegant	spiky
fashionable	stretchy
flowery	striped
hand-woven	tame
high-heeled	trendy
impractical	used

Grammar

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- 12.82 ruin** (v) /'ru:ɪn/
completely destroy sth • *The rain ruined our day at the beach.*
- 12.83 polish** (v) /'pɒlɪʃ/
rub sth so that it shines • *Mum polishes the furniture every week.* > polish (n)
- 12.84 department store** (n) /dɪ'pɑ:tmənt stɔ:/
a large shop divided into several different parts, each selling different things • *Harrods is a famous department store in London.*
- 12.85 shorten** (v) /'ʃɔ:tən/
make shorter • *She shortened her trousers because they were too long.* > short (adj)
✎ Opp: lengthen
- 12.86 mend** (v) /mend/
repair; fix • *The heel of her shoe broke off, so she had it mended.*

Listening

page 152

- 12.87 equality** (n) /i'kwɒləti/
the right of different groups of people to have the same rights, advantages, etc • *My great-grandfather didn't believe in equality between men and women.* > equal (adj)
- 12.88 sexist** (adj) /'seksɪst/
suggesting that one sex is less important, weaker or less intelligent than the other
• *I really hate his sexist jokes!*
- 12.89 womenswear** (n) /'wɪmɪnzweə(r)/
clothes for women • *They sell womenswear and jewellery.*

Speaking

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- 12.90 mood** (n) /mu:d/
the way you feel at a particular time • *Fiona's in a good mood today.*

Grammar

page 154

- 12.91 under no circumstances** (expr)
/'ʌndə nəʊ 'sɜ:kəmstənsɪz/
not for any reason • *Under no circumstances should you wear grey.*
- 12.92 stylist** (n) /'staɪlɪst/
sb who gives fashion advice • *The actor employed a personal stylist who would choose his outfits.* > style (v, n)
- 12.93 credit card** (n) /'kredɪt kɑ:d/
a card from a bank which you can use to buy sth and pay for it later • *Can I pay by credit card?*

Use your English

page 155

- 12.94 do up** (phr v) /du: ʌp/
fasten sth with a zip or buttons • *Do up your coat as it's cold outside.*
- 12.95 take up** (phr v) /teɪk ʌp/
shorten clothes by folding up the bottom edge and stitching it • *He took up his jeans so they weren't so long.*
- 12.96 put on** (phr v) /pʊt ɒn/
place clothes on your body and wear them
• *Put on a scarf as it's cold.*
- 12.97 wear out** (phr v) /weə aʊt/
use sth so much that it becomes useless
• *These shoes have worn out and there are holes in them.*
- 12.98 take off** (phr v) /teɪk ɒf/
remove clothes from your body • *Please take off your shoes before you come indoors.*
- 12.99 take in** (phr v) /teɪk ɪn/
make clothes smaller and tighter • *He took in his trousers as they were too big.*
- 12.100 dress up** (phr v) /dres ʌp/
wear your best clothes • *Let's dress up in our new outfits and go out on the town.*
- 12.101 fasten** (v) /fɑ:sn/
do up • *This jacket fastens with three buttons.*
> fastening (n)
- 12.102 zip** (n) /zɪp/
a metal fastener • *The zip broke on his jeans, so now he can't do them up.*
- 12.103 fold** (v) /fəʊld/
bend paper, cloth etc by laying one part over another • *Fold your T-shirts and put them in that cupboard.*
- 12.104 stitch** (v) /stɪtʃ/
sew • *Mum stitched a new set of buttons onto my shirt.* > stitch (n)

- 12.105 accessorise** (v) /æk'sesəraɪz/
add accessories such as belts, scarves, bags, jewellery, etc to clothes • *When you accessorise with a scarf, you can make an old outfit look new.*
- 12.106 photo shoot** (n) /'fəʊtəʊ ʃu:t/
an occasion when a photographer takes photos of sb for a magazine, etc • *The photo shoot took six hours and the models were exhausted.*
- 12.107 alternate** (adj) /ɔ:l'tɜ:nət/
If sth happens on alternate days/weeks/etc, it happens on one day/week/etc and not the next, and continues in this pattern. • *She goes shopping for clothes twice a month on alternate weekends.* > alternate (v)
- 12.108 grab** (v) /græb/
take the opportunity to do sth immediately
• *You should grab the opportunity to enter that competition!*

Phrasal verbs

break down	roll up	try on
do up	take in	turn out
dress up	take off	wear out
put on	take up	

Writing: a review (2)

pages 156–157

- 12.109 inexperienced** (adj) /ɪnɪks'pɪəriənst/
without experience • *The inexperienced fashion photographer asked the magazine editor for advice.* > experience (n)
✎ Opp: experienced
- 12.110 go (well) together** (expr) /gəʊ (wel) tə'geðə/
match • *When your clothes go well together, you look nice.*
- 12.111 interval** (n) /'ɪntəvl/
a short period of time between two parts of a play, concert, film, etc • *The film was awful! We left before the interval.*
- 12.112 break down** (phr v) /breɪk daʊn/
stop working • *Oh no! My car's broken down again!*
- 12.113 noticeable** (adj) /'nəʊtɪsəbl/
easy to notice • *Your perm has made a noticeable difference to your looks.*
> notice (v)
- 12.114 have an eye for sth** (expr)
/hæv ən aɪ fə 'sʌmθɪŋ/
be good at noticing a particular kind of thing
• *He has an eye for what looks nice in a house and consequently his home is lovely.*

- 12.115 the ins and outs of sth** (expr)
/ði: ɪnz ənd aʊts ɒv 'sʌmθɪŋ/
all the details • *She learned all the ins and outs of fashion when she worked as a model.*
- 12.116 appeal (to)** (v) /ə'pi:l (tu:)/
be attractive or interesting to sb • *We need a product that will appeal to young people.*
> appeal (n)
- 12.117 turn out (to be)** (phr v) /tɜ:n aʊt (tu bi:)/
prove (to be) • *The new collection turned out to be a success.*
- 12.118 impractical** (adj) /ɪm'præktɪkl/
not workable • *High-heels are impractical as you can hardly walk in them.*
> impracticability (n)
✎ Opp: practical
- 12.119 by no means** (expr) /baɪ nəʊ mi:nz/
not at all • *This dress is by no means the most expensive in the shop as others cost five hundred euros.*
- 12.120 up to standard** (expr) /ʌp tə 'stændəd/
an acceptable level • *The photos weren't up to standard, so they didn't appear in the magazine.*
- 12.121 accessory** (n) /æk'sesəri/
sth you wear, like earrings, scarves, etc
• *You can buy numerous accessories in this shop from bags to scarves*
- 12.122 evening wear** (n) /'i:vnɪŋ weə/
clothes for formal evening events • *A black gown is always a good outfit for evening wear.*
- 12.123 fashion victim** (n) /'fæʃn 'vɪktɪm/
sb who wears whatever is fashionable, even if it does not suit them • *He looks terrible in those clothes. He's a fashion victim.*
- 12.124 footwear** (n) /'fʊtweə/
shoes, boots, etc • *The footwear in this shop is expensive but the boots last for ages.*
- 12.125 swimwear** (n) /'swɪmweə/
bikinis, swimming costumes, etc • *The swimwear collection includes some pretty bikinis this year.*
- 12.126 dull** (adj) /dʌl/
not interesting or exciting • *I hate this town. Life here is so dull.*
- 12.127 trendy** (adj) /'trendi/
fashionable • *Her clothes are always trendy.*
> trend (n)

Video: The Art of Making Silk

page 132

- 12.128 silkworm** (n) /'sɪlkwɜ:m/
a caterpillar which makes silk thread • *Monks brought silkworms to Greece from China and started the silk industry in Soufli.*

- 12.129 mulberry tree** (n) /'mʌlbəri tri:/
a tree with large leaves and dark purple fruit that you can eat • *I planted a mulberry tree in the garden.*
- 12.130 maturity** (n) /mə'tjʊərəti/
fully grown • *When a tree reaches maturity, it bears fruit.* > mature (adj)
- 12.131 cocoon** (n) /kə'kuːn/
a silk cover that some insects make to protect themselves • *When caterpillars come out of their cocoons, they have turned into butterflies.*
- 12.132 thread** (n) /θred/
thin strands you can sew with • *I need some thread to sew these buttons on.*
- 12.133 affect** (v) /ə'fekt/
make sb or sth change in a particular way • *What he has to say will not affect my decision.*
- 12.134 motorised** (adj) /'məʊtəraɪzd/
powered by a motor • *Sewing machines used to be worked by hand but now they are motorised.* > motor (n)
- 12.135 mechanical** (adj) /mə'kæniːkl/
that works with power from an engine • *The boy was playing with a mechanical toy.* > mechanism (n)
- 12.136 loom** (n) /luːm/
a machine on which thread is woven into cloth • *The old villager made a beautiful carpet on her loom.*
- 12.137 textile** (n) /'tekstaɪl/
fabric • *The textile industry produces beautiful cloth and material.*
- 12.138 upholstery** (n) /ʌp'həʊlstəri/
material used to cover chairs • *The upholstery on the sofa needs replacing as it has holes in it.*
- 12.139 weave** (v) /wiːv/
make cloth by crossing threads under and over each other • *Few people know how to weave by hand now.* > weaver (n)
- 12.140 made to order** (expr) /meɪd tuː 'ɔːdə/
made according to what the customer asks for • *This carpet is one of a kind as it was made to order.*
- 12.141 custom made** (adj) /'kʌstəm meɪd/
made according to what the customer asks for • *Custom made rugs were popular with people who could afford them.*
- 12.142 perfect** (v) /pə'fekt/
improve until it is the best possible • *He worked for years to perfect his designs.* > perfection (n), perfect (adj)
- 12.143 refine** (v) /rɪ'faɪn/
improve a method, plan, etc by making small changes to it • *That's a good design, but if you can refine it, it will be perfect.*
- 12.144 hand-woven** (adj) /hænd-'wəʊvən/
woven by hand, not machines • *A hand-woven piece of material costs a lot because of the work involved in making it.*
- 12.145 principle** (n) /'prɪnsɪpl/
the basic idea that a system is based on • *The principle of weaving is simple and dates back thousands of years.*
- 12.146 bobbin** (n) /'bɒbɪn/
a small round object which thread is wound on • *The thread is on the bobbin which is placed on top of the sewing machine.*
- 12.147 twist** (v) /twɪst/
bend or turn sth • *Watch the thread doesn't twist while you're sewing.*