# 2 Food, Food, Food!

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### 2.15 crop (n) /krvp/

a plant grown as food • There was no rain and the crops in the field died.

- 2.16 fresh (adj) / fre∫/ recently produced or picked • I love eating fresh peas, but I don't like them from tins. >> freshly (adv), freshen (v), freshness (n)
- 2.17 preserve (v) / prɪ'zɜːv/ prevent food from going bad by treating it in a particular way ● You can preserve the fish in a mixture of salt and vinegar. >> preservative (n), preservation (n)
- 2.18 improve (v) /ɪm'pruːv/ make sth better • You need to improve your marks at school. ≻ improvement (n)

# Reading

### pages 18-19

- 2.19 olive (n) /'plɪv/ a small black or green fruit • I like black olives in a Greek salad.
- 2.20 produce (v) /prə'djuːs/ make (usually from plants) ● *Greece produces excellent olive oil.* ➤ production, producer, product (n), productive (adj)
- 2.21 oil (n) /ɔɪl/ a thick liquid made from plants and used in cooking • Let's put olive oil on this salad to make it tastier. ➤ oily (adj)
- 2.22 attack (v) /ə'tæk/ try to hurt or kill sb • A man with a knife attacked a woman last night. ≻ attack (n)
- 2.23 cleaning product (n) /'kliinin 'prod^kt/ a substance that you use to clean things
  Cleaning products like soap and detergent are quite expensive.
- 2.24 religion (n) /rɪ'lɪdʒən/ belief in the existence of a god or gods, and the activities connected with worship ● People of different religions should work together for world peace. ➤ religious (adj)
- 2.25 keep records (phr) /kitp 'rekbtdz/ keep written accounts of sth so that it can be used in the future • People have been keeping weather records for about 150 years in this country.
- 2.26 evidence (n) / 'evidəns/ information, proof ● We know that people ate olives long ago because scientists have found evidence.
- 2.27 approximately (adv) /ə'prɒksɪmətli/ almost exactly ● *I learnt to cook approximately ten years ago.* > approximate (adj)

- 2.1 onion (n) /'∧njən/ a vegetable with a brown, red or white skin that has a strong smell and flavour • Onions make me cry when I peel and cut them.
   2.2 pickle (n) /'pɪkl/
- 2.2 pickle (n) /'pɪkl/ a vegetable preserved in vinegar or salt water
  I had some pickles and a burger for lunch.
  > pickle (v), pickled (adj)
- 2.3 **lettuce** (n) /'letis/ a plant with green leaves that are eaten in salads • *Make a salad with lettuce, tomatoes, onions and feta cheese.*
- 2.4 slide (v) /slaɪd/ move quickly and smoothly ● Slide the plate carefully across the table. ➤ slide (n)
- 2.5 massive (adj) /'mæsɪv/ very large and heavy ● *Two people can't lift this table; it's massive!* ≻ massively (adv), mass (n)
- 2.6 bun (n) / b∧n/ a small round bread roll • We ate some buns with cheese and ham because we were hungry.
- 2.7 grill (v) /grīl/ cook food under a very hot surface in a cooker
  It's healthier to grill meat than to fry it.
  > grill (n), grilled (adj)
- 2.8 colossal (adj) /kə'lbsl/ extremely large • *The Egyptian pyramids are* colossal structures.
- 2.9 charcoal (n) /'t∫aːkəʊl/ a fuel made by burning wood in an oven without much air. Charcoal is used as a fuel
  Dad cooked the meat over a charcoal fire.
- 2.10 grill (n) /grIl/ a metal frame that you put food on to cook over a fire ● *Put the fish on the grill so we can cook it.* > grill (v), grilled (adj)

### Word Focus

- 2.11 crush (v) /kr∧ʃ/ press sth hard so that it breaks • *In ancient times people crushed grapes with their feet to get the juice for wine.*
- 2.12 harvest (v) /'haːvɪst/ gather a crop ● *It's September and it's time to harvest the apples.* > harvest (n)
- 2.13 pick (v) /pik/ take flowers or fruit from a plant or tree
  I picked some flowers and put them in a vase.

2.28 **producer** (n) / prə'djuzsə(r) / a person who grows or makes food or goods • Canada is one of the world's biggest producers of wheat. > produce (v), product (n), productive (adj), productively (adv) 2.29 basic (adj) /'beisik/ forming the most necessary part of sth Everyone needs to have a basic knowledge of English. > basically (adv), basis (n) 2.30 process (n) /'prauses/ a series of actions done to achieve a result Producing oilve oil is not an easy process and it takes a long time. > process (v) 2.31 liquid (n) /'lɪkwɪd/ sth that can be poured like water • Milk and water are both liquids. 2.32 **separate** (v) /'separeIt/ divide into different parts • To make the cake, you need to separate the yolks from the egg whites. > separate (adj) 2.33 social (adi) /'səʊʃl/ involving meeting other people • Birthday parties are very popular social events.  $\succ$  socially (adv), socialise (v), society (n) 
<sup>∞</sup> NB: social is for things, sociable is for people 2.34 **civilisation** (n) / sīvəlaī'zeī[n/ a society and its culture • Ancient Greece produced one of the greatest civilisations in the *world.* > civilise (v), civilised (adj) medicine (n) /'medsn/ 2.35 a substance used for treating illnesses • The best medicine for a headache is aspirin. 2.36 war (n) /wor(r)/ fighting between two or more countries or groups of people • Millions of people died in *the Second World War.* > warlike 2.37 heat up (phr v) /hitt Ap/ make hot • You'll have to heat up the soup because it's in the fridge. 2.38 enemy (n) /'enəmi/ people who hate you, who want to harm you or who are fighting against you • Cats and dogs are often enemies and fight against each other. 2.39 religious (adj) /rɪ'lɪdʒəs/ connected with religion • Some people don't eat meat for religious reasons on certain days, for example, on Fridays. > religion (n) 2.40 ceremony (n) /'serəməni/ a public or religious event that includes a number of formal actions • Mary and George's wedding ceremony took place on Saturday. 2.41 lamp (n) /læmp/ an old-fashioned light that burns oil • Grandpa has got an old oil lamp that he likes to use in winter. 2.42 soap (n) /səʊp/

a substance you use to wash your face and body • Wash your hands with soap before you eat.

- 2.43 study (n) /'st∧di/ research that examines a subject in detail
  A number of studies have shown that eating fish is good for you. > study (v)
- 2.44 heart (n) /haːt/ the organ in the chest that sends blood around the body ● *There's something wrong with his heart; he must see a doctor.*
- 2.45 western world (n) /'westən w3ːld/ Western Europe and North America • Many people in the western world eat too much and are overweight.
- 2.46 partly (adv) /'pattli/ not completely ● You aren't completely right, you know, only partly right. > part (n)
- 2.47 frequently (adv) /'friːkwəntli/ often ● Mum frequently works late the office. She rarely comes home before eight.
   > frequent (adj), frequency (n)
- 2.48 type (n) /taɪp/ a group of people or things that share certain qualities or features; a sort ● *What type of films do you like best?* > typical (adj), typically (adv)
- **2.49 disease** (n) /dɪ'ziːz/ an illness • *Cancer is a terrible disease that kills thousands of people every year.*
- 2.50 advantage (n) /əd'vaintidʒ/ a quality that makes sth better than other things
  Having a Being able to speak two or more foreign languages is a great advantage when you are looking for a job. ➤ advantageous (adj)
  Nopp: disadvantage
- 2.51 well-balanced diet (expr) /wel-'bælənst 'daıət/ a variety of food which is good for you
  Athletes need to have a well-balanced diet with fruit, vegetables, meat and fish.
- 2.52 benefit (n) /'benɪfɪt/ an advantage ● Olive oil has many benefits, including being good for your heart.
   > benefit (v), beneficial (adj)
- 2.53 confirm (v) /kən'fɜːm/ show to be true ● Your weight confirms that you have eaten too much during the holidays. >> confirmation (n)
- 2.54 pour (v) /pɔː/ put (liquid) in a cup, glass, etc. • Shall I pour the water into the coffee pot?
- 2.55 series (n) /'siəriz/ a number of things happening one after the other • He made a series of mistakes while cooking and the meal was terrible.
- 2.56 illness (n) /'ɪlnɪs/ disease ● *Cancer is a very serious illness.* > ill (adj)
- 2.57 culture (n) / 'k∧lt∫ə/ the beliefs, art and way of life of a civilisation
  When I went to Italy, I learnt a lot about Italian food and culture. > cultural (adj)

- 2.58 infection (n) /In'fek∫n/ an illness caused by bacteria or a virus • I got an ear infection from swimming in dirty water. >> infectious (adj)
- 2.59 dish (n) /d1∫/ food cooked in a particular way as a meal
  This dish is called pastichio and it is from Greece.
- 2.60 diet (n) /'daɪət/ the food you normally eat and drink ● A diet rich in vegetables, fruit and olive oil is good for you.
- 2.61 plate (n) /pleIt / a flat dish that you put food on ● *Do you want* a plate for your sandwich or will you eat it like that?
- 2.62 offer (v) / 'pfə/ hold sth out to sb so they can take it ● He offered her a meal, but she had already eaten.
  > offer (n)
- 2.63 share (v) /∫eə(r)/ give some of what you have to sb else ● The little boy doesn't like sharing his toys with other children.
- **2.64** soft drink (n) /spft drink/ a drink that has no alcohol • *My favoruite soft* a drink is lemonade.
- 2.65 world record (n) /w31ld 'rek51d/ the longest distance, the fastest speed, etc. that has ever been achieved in the world
  There are lots of world records in the Guinness Book of Records.

### Look!

produce (n) record (n) pro<u>duce (</u>v) re<u>cord</u> (v)

### Vocabulary

- 2.66 aubergine (n) /'əʊbəʒiːn/ a vegetable with shiny purple skin and white flesh ● Aubergines are my favourite vegetables.
- 2.67 wheat (n) /wirt/ a plant whose grain is used to make flour
  They use wheat to make flour.
- 2.68 broccoli (n) /'brøkəli/ a green vegetable • Broccoli is a nice vegetable but I prefer carrots.
- 2.69 sweetcorn (n) /'swiItkoIn/ the yellow seeds of a type of maize plant, which are cooked and eaten • We're having chicken and sweetcorn for dinner.
- 2.70 cupcake (n) /'kʌpkeɪk/ a small cake with icing on top • Her little children love making cupcakes with different colour toppings.

- 2.71 croissant (n) / krwæsõ/ a small roll with a curved shape ● Can I have a coffee and a croissant for breakfast?
- 2.72 grain (n) /grein/ the small hard seeds of a plant such as rice, wheat, etc. • *The mice eat the grains in that bag over there.*
- 2.73 cereal (n) /'sɪəriəl/ food made from grain, often eaten for breakfast • *Most people eat cereals for breakfast.*
- 2.74 protein (n) /'prəʊtiːn/ sth in meat and fish that helps sb grow • You should eat more fish if you need more protein in your diet.
- 2.75 dairy (n) /'deəri/ milk, cream, cheese, yoghurt and eggs
  I love all dairy products, especially yoghurt and cheese.
- 2.76 dessert (n) /dɪ'zɜːt/ sweet food served as the last course of a meal
  This strawberry cheesecake is a delicious dessert.
- 2.77 starter (n) /'staːtə/ the first course of a meal • I'll have soup for my starter, please. ≻ start (v)
- **2.78** chop (v) /t∫pp/ cut into pieces • *He chopped the tomatoes and put them in the salad.* ≻ chop (n)
- 2.79 peel (v) /piːl/ remove the outside of a piece of fruit
  I always peel fruit with a knife before I eat it. > peel (n)
- 2.80 bite (v) /baɪt/
  use teeth to cut sth The dog bit the postman
  on the leg. >> bite (n)
- 2.81 chew (v) /t∫uː/ use your teeth to break food into small pieces
  Grandpa can't chew his food because he hasn't got any teeth. > chewy (adj)
- **2.82 fridge** (n) /frɪdʒ/ a kitchen appliance which keeps food cold so that it stays fresh • *Put the vegetables in the fridge to keep them fresh.*
- **2.83** jug (n) /dʒ∧g/ a container for liquid • *There's some cold water in the jug in the fridge.*
- 2.84 bowl (n) / bəʊl / a deep round dish used for food or liquid
  I had a bowl of milk and cereal for breakfast.
- 2.85 fry (v) /fra1/ cook in hot oil • *Let's fry some bacon and eggs* for breakfast. ≻ fried (adj)
- 2.86 stir (v) /st3ː/ move food around with a spoon • Stir your coffee with a spoon so it cools down.

- 2.87 skin (n) /skin/ the outside surface of a piece of fruit • You can eat apple skins but you can't eat banana skins.
- 2.88 sharp (adj) /∫aːp/ able to cut easily • That knife is very sharp so be careful and don't cut yourself. ➤ sharpen (v) Sopp: blunt
- 2.89 sauce (n) /sɔːs/ a thick liquid eaten with food to add flavour to it ● He loves spaghetti and a sauce made of tomatoes and basil.
- 2.90 stick (v) /stik/ become attached to a surface • The cake stuck to the tin and now I can't serve it.
- 2.91 Mongolian (adj) /m⊅ŋ'gəʊliən/ from Mongolia (a country in eastern Asia) • I'm interested in Mongolian culture. ➤ Mongolia (n)
- 2.92 soldier (n) /'səʊldʒə(r)/ a member of an army ● The soldiers all wore their uniforms and carried their weapons.
- 2.93 cooker (n) /'kʊkə/ a piece of equipment for cooking food on or in
  The cooker isn't working so we can't make roast chicken for dinner. ➤ cook (v, n)
- 2.94 saddle (n) /'sædl/ seat on a horse ● The saddle he was sitting on fell off the horse, and so did he! > saddle (v)
- 2.95 immigrant (n) /'ImIgrənt/ sb who comes to live in a country from another country ● Many immigrants open restaurants which serve food from their home country.
   > immigrate (v), immigration (n)
- 2.96 steak (n) /steik/ a large piece of meat • Would you like steak or fish for dinner?

#### At a restaurant

### Verbs about cooking

-	
heat up	stir
overcook	undercook
peel	
preserve	
	overcook peel

## Grammar

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2.97 blow (v) / bləʊ/ if the wind blows, it moves ● *The wind blew the autumn leaves off the trees.* 

- 2.98 shake (v) /∫eik/ make small movements you cannot stop
  After waiting outdoors for an hour, he was shaking from the cold. ➤ shake (n)
- **2.99 in progress** (phr) /In 'prəʊgres/ happening at this time • Don't go in there. There's a meeting in progress.
- 2.100 specific (adj) /spə'sɪfɪk/ particular ● There are specific instructions to follow for this recipe. > specify (v), specification (n), specifically (adv)
- 2.101 sample (v) /'saːmpl/ try or taste ● Sometimes you can sample new food in the supermarket. ➤ sample (n)
- 2.102 cookery (n) /'kʊkəri/ the art of cooking ● She's had some cookery lessons so I think this meal will be good. > cook (v, n), cooker (n)
- 2.103 order (v) /'ɔːdə/ say what you would like to eat ● *I'd like to* order the soup for my starter and the beef for my main course. ➤ order (n)
- 2.104 set the table (expr) /set ðə 'teɪbl/ place plates and cutlery, etc. on a table ● You haven't set the table properly; there are no glasses here.
- 2.105 barbeque (n) /'baːbɪkjuː/ an outdoor meal when food is cooked over a fire outdoors • Let's have a barbeque in the garden next weekend and invite all our friends.
   S Also: barbecue
- 2.106 main course (n) /mein kois/ the middle part of a meal, usually the largest • We had moussaka for the main course and then cheesecake for dessert.
- 2.107 be around (phr) / biː ə'raʊnd/ exist • 'How long have those trees been around?' 'Hundreds of years.'
- 2.108 herb (n) /h3:b/ a plant used to add flavour in cooking ● The best herb to put on this salad is oregano.
   > herbal (adj)
- 2.109 honey (n) / 'hʌni/ a sweet substance made by bees
  Would you like some honey on your yoghurt?
- 2.110 bay leaf (n) /beɪ liːf/ a kind of herb ● *Do you use bay leaves in a Napolitana spaghetti sauce?*
- 2.111 originate (v) /ə'rɪdʒɪneɪt/ come from ● Apparently, the hamburger originated in Germany. ➤ origin (n), original (n, adj)
- 2.112 break a record (phr) / breik ə 'rekbid/ do sth faster, better, higher, etc. than anyone has done it before • Do you think Usain Bolt will ever break another world record?

- 2.113 current (adj) /'kʌrənt/ of the present time ● *Who is the current prime minister of Great Britain?* ≻ currently (adv)
- 2.114 diameter (n) /daɪ'æmɪtə/ a straight line from one side of a circle to the other side, that passes through the centre
  This pizza is enormous. It has a diameter of 50 cm!
- 2.115 base (n) /beIs/ the lowest part ● She buys pizza bases at the supermarket because it is quicker than making them.
- 2.116 grate (v) /greit/ cut into very small pieces using a tool with a rough surface ● *Please grate some cheese because we are having spaghetti tonight.* > grater (n)
- 2.117 flour (n) /'flaʊə/ white powder usually made from wheat and used in cooking ● *How much flour is there in this cake?*
- 2.118 tomato puree (n) /tə'maːtəʊ 'pjʊəreɪ/ crushed tomatoes or vegetables used in cooking • Do you use fresh tomatoes or tomato puree in this dish?
- 2.119 enormous (adj) / I'nɔːməs/ extremely large ● They had an enormous Christmas dinner. ➤ enormously (adv) Notes: Syn: huge
- 2.120 magnificent (adj) / mæg'nɪfɪsnt/ very attractive and impressive ● *The blue whale is a magnificent animal.* > magnificently (adv), magnificence (n)

# Listening

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- 2.121 chef (n) /∫ef/ a cook in a restaurant • The chef at this restaurant makes the best traditional French food.
- 2.122 pasta (n) /'pæstə/ noodles, spaghetti etc. • *Italian pasta with pesto and cheese is delicious.*
- 2.123 seafood (n) /'sɪfuːd/ fish and shellfish • *This restaurant serves seafood like lobster, crab and prawns.*
- 2.124 risotto (n) /rɪ'zɒtəʊ/ a dish of rice with vegetables, meat, etc. *I'm making a risotto with mushrooms* tonight.
- 2.125 owner (n) /'əʊnə/ sb who owns sth ● *Mr Marquez, who's from Spain, is the owner of this Spanish restaurant.* ≻ own (v)
- 2.126 take part (in) (expr) /teɪk paɪt ɪn/ be involved in ● Dave took part in a cookery competition and he won!

- 2.127 public (n) /'p∧blɪk/ ordinary people in general • *Do you think the public have a right to know about the scandal?* >> public (adj), publicly (adv), publicity (n)
- 2.128 menu (n) /'menjuɪ/ a list of the food you can order at a restaurant
  The restaurant has an interesting menu. What would you like to order?
- 2.129 charity (n) /'t∫ærəti/ an organisation that raises money to help people in need ● She gives money to a charity that helps children with cancer.
   > charitable (adj)
- 2.130 provide (v) /prə'vaɪd/ give • Nature provides new mothers with milk to feed their babies. ≻ provision (n)
- 2.131 donate (v) /dəʊ'neɪt/ give sth to charity ● *They donated food and medicine to the homeless.* > donation, donor (n)
- 2.132 set up (phr v) /set  $\Lambda p$ / create, start • Let's set up a café that provides cheaper tea and coffee for the elderly.
- 2.133 course (n) /kɔːs/ one of the separate parts of a meal • They had a three-course meal and two bottles of wine.
- 2.134 version (n) /'v3:∫n/ a copy of sth that has been changed so it is a little different • I have two versions of this cake recipe; one is my aunt's and the other is my mother's.
- 2.135 capsule (n) /'kæpsjuːl/ one of the compartments in which passengers travel on the London Eye • How many people fit into one capsule on the London Eye?
- 2.136 raise money (expr) /reIZ 'm∧ni/ collect money • Our school raised money for starving children in Africa.

# Speaking

- 2.137 undercook (v) / ,∧ndə'kʊk/ not cook food for long enough • You shouldn't undercook chicken because you might get ill eating it. S Opp: overcook
- 2.138 overcook (v) / ,əʊvə'kʊk/ cook food for too long ● *If you overcook the vegetables, they will become tasteless.* Sopp: undercook
- 2.139 bland (adj) /blænd/ without much flavour ● Visitors to England often complain that English food is bland. > blandness (n)
- 2.140 spicy (adj) /'spaɪsi/ having a strong taste and flavour because spices have been used ● *I love spicy food like curry.* > spice (n)

- 2.141 curry (n) /'k∧ri/ a spicy meat or vegetable dish from Asia ● *The chicken curry was so hot that I had to drink lots of water.*
- 2.142 tasty (adj) /'teɪsti/ having a pleasant flavour ● *Diana is a great cook. All her meals are very tasty.* >> taste (n, v), tasteless (adj)
- 2.143 tasteless (adj) /'teɪstləs/ with no taste • I think I'll add some salt because the sauce is a bit tasteless.
  > taste (v, n) 

  Opp: tasty
- 2.144 bright (adj) /braɪt/ (of a colour) strong and easy to see ● She painted her nails bright pink. >> brightly (adv), brighten (v), brightness (n)
- 2.145 colourful (adj) /'k∧ləfl/ having bright colours; having a lot of colours
   People usually wear colourful costumes in the carnival parade. > colourfully (adv), colourless (adj), colour (n, v)
- 2.146 bitter (adj) /'bɪtə/ having a sharp strong taste • *I can't drink this coffee; it's very bitter.* ≻ bitterly (adv), bitterness (n)
- 2.147 taste (n) /teɪst/ flavour • *l* can't stand the taste of grapefruit. It's too bitter for me. > tasty (adj), tasteless (adj), taste (v)
- 2.148 processed food (n) /'prəʊsest fuɪd/ prepared food, often in tins or packets • *It isn't* good to eat a lot of processed food because it has fewer vitamins than fresh food.
- 2.149 vegetarian (n) /vedʒɪ'teəriən/ sb who doesn't eat meat or fish ● You can't serve beef because Kate and Mark are vegetarians. ➤ vegetarian (adj)

#### Things you can eat

aubergine	oil
bay leaf	olive
broccoli	onion
bun	pasta
cereal	pickle
croissant	processed food
cupcake	risotto
curry	sauce
flour	seafood
grain	steak
herb	sweetcorn
honey	tomato puree
lettuce	

### Vocabulary

2.150 coloured (adj) /'k∧ləd/ having a colour ● *Do you like glasses made of coloured glass?* >> colour (n, v), colourful (adj), colourfully (adv)

- 2.151 decisive (adj) /dɪ'saɪsɪv/ able to decide about sth quickly and confidently
  Julia makes up her mind quickly. She's very decisive. > decisively (adv), decide (v), decision (n)
- 2.152 choosy (adj) /'t∫u:zi/ difficult to please • *It's difficult to buy a present for John. He's so choosy.* > choose (v), choice (n)
- 2.153 customary (adj) /'k∧stəməri/ usual; normal because it is the way sth is usually done • *The man came into the library and sat down at his customary seat near the window.* > custom (n), customer (n)
- 2.154 mixture (n) /'mɪkst∫ə(r)/ a combination of different things • The buildings in the town centre are a mixture of old and new. ➤ mix (v)
- 2.155 trendy (adj) /'trendi/ fashionable ● *The colour grey is very trendy this year. Everyone's wearing it.* ≻ trend (n) Syn: fashionable
- 2.156 brighten (v) /'braɪtn/ become or make sth brighter ● *If you want to brighten this room, paint it white.* ➤ bright (adj), brightly (adv), brightness (n)
- 2.157 variety (n) /və'raɪəti/
   a lot of things of the same type that are different from each other Dad grows a huge variety of roses in the garden. ➤ various (adj), vary (v)
- 2.158 vary (v) /'veəri/ be different from sb/sth else in some way
  These flowers vary in colour from white to dark red. > various (adj), variety (n)
- 2.159 bakery (n) /'beɪkəri/ a place where bread is made and sold ● Dad buys fresh bread from the bakery every morning.
   > bake (v), baker (n)
- 2.160 snack (n) /snæk/ a small meal • We just had a snack of fruit and biscuits this afternoon, but we'll have a big dinner tonight.
- 2.161 serve (v) /s3ːv/ give sb food or drink ● The waiter who served us in the restaurant was very polite. ➤ service (n)
- 2.162 market stall (n) /'markit storl/ a table that people sell things from at a market
  The market stall over there sells the best fruit in town.
- 2.163 treat (n) /tri⊥t/ sth special you give sb or do for them because they will enjoy it ● *It's your birthday, so I have* got you a treat – strawberry cheesecake. > treat (v)
- 2.164 branch (n) /braint∫/ one of a group of shops or businesses • My favourite restaurant has three branches; one in London, one in Portsmouth and one in Manchester.

- 2.165 prove to be (expr) /pruːv tʊ bi/ show to be sth ● *The cookery course proved* to be boring because we didn't learn how to make any tasty dishes.
- 2.166 definitely (adv) /'defɪnətli/ without a doubt, certainly ● We will definitely eat out on your birthday. >> definite (adj)
- **2.167** be spoilt for choice (expr) /bi spoilt fə tʃois/ have lots of choice • There are so many restaurants in town that we are spoilt for choice.
- 2.168 drop by (phr v) /drvp baɪ/ visit • We have opened a new restaurant so please drop by one evening for a meal.
- 2.169 delight (n) /dɪ'laɪt/ sth that gives pleasure or happiness
  The chocolate cake was a real delight.
  ≻ delight (v), delightful (adj)
- 2.170 trend (n) /trend/ fashion ● *Take-away pizza is a trend that started in the 70s.* > trendy (adj)

heat up

set up

### Phrasal verbs

account for drop by

### Grammar

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- 2.171 replace (v) /rɪ'pleɪs/ put sth in the place of another thing ● The toaster is broken, so we need to replace it. > replacement (n)
- **2.172 countryside** (n) /'kAntrisaId/ land with fields, woods, etc. • *They hate living in the city and want to buy a house in the countryside.*
- **2.173 state** (n) /steIt/ the condition that sb/sth is in • *The state of the roads is terrible. You'll damage your car driving on them.*
- 2.174 repeated (adj) /rɪ'piɪtɪd/ done or said many times ● She made repeated efforts to break the world record, but failed. > repeat (v), repetition (n), repetitive (adj)
- 2.175 familiar (adj) /fə'mɪliə(r)/ well known; easy to recognise ● His face looks familiar, but I don't know who he is.
   > familiarity (n)
- 2.176 watch your weight (phr) /wpt∫ jɔː(r) weɪt/ be careful not to put on weight ● You're getting fat. You should watch your weight.
- 2.177 go on a diet (phr) / gəʊ ɒn ə 'daɪət/ eat less food or different food in order to lose weight • *He went on a diet and lost six kilos.*
- **2.178 canteen** (n) /kæn'tiːn/ a place in a school where food is served • *The canteen is serving fish and chips today.*

### Writing: a review

### pages 26-27

- 2.179 review (n) /rɪ'viuː/ a report in the media giving an opinion of a book, film, etc. • The reviews in the newspaper for your cook book are very good.  $\succ$  review (v), reviewer (n) 2.180 tiny (adj) /'taɪni/ very small • That tiny meal wasn't enough for me. I'm still hunarv. 2.181 shape (n) / ferp/ the form sth has, for example square, round • 'What shape is the kitchen table?' 'It's round.'  $\succ$  shape (v) 2.182 square (adj) / skwea(r) / having a shape with four straight sides of equal length and four angles of 90° • The child drew a house with four square windows and a brown *door.* > square (n) 2.183 oriain (n) /'pridzin/ where sth is from • The origin of curry dishes is Asia. > originate (v) 2.184 material (n) /mə'tɪəriəl/ what sth is made of • The best material to wear in hot weather is cotton. 2.185 silk (n) /silk/ a thin smooth cloth made from thread which is produced by a silkworm • She wore an expensive silk dress and a diamond necklace. 2.186 tablecloth (n) /'teiblkl $p\theta$ / a piece of material on a table • Please set the table with this blue tablecloth. 2.187 recommend (v) /rekə'mend/ suggest • I recommend the seafood because it is very fresh.  $\succ$  recommendation (n) 2.188 **be worth a try** (phr) / bi ws $t\theta$  ə trat/be important enough to make an effort • I don't think I'll succeed in beating you at chess, but it's worth a try. 2.189 cotton (n) /'kptn/ cloth made from the white hair of the cotton plant • When it's very hot, you should wear clothes made of cotton. 2.190 attract sb's attention (expr) /ə'trækt 'sʌmbədiz ə'tenſn/ make sb notice sth • The brightly coloured tables
  - 2.191 recommendation (n) /,rekəmen'deı∫n/ a suggestion to sb that they should choose, see, buy, etc. a thing that you think is good ● *The critics' recommendations helped to make the film successful at the box office.* > recommend (v)

we had a snack there.

and chairs of the café attracted our attention, so

2.192 highly (adv) /'haɪli/ very much ● This review highly recommends the new Greek restaurant in town. > high (adj) 2.193 old-fashioned (adj) /əʊld-'fæ∫nd/ not modern • *My grandmother uses an oldfashioned camera to take photos, not a smartphone.* S Opp: modern, fashionable

# Video 2 Greek olives

- **2.194 branch** (n) /braIntʃ/ part of a tree • How many olives are growing on that branch?
- 2.195 symbol (n) /'sɪmbl/ sth that represents an idea ● *The white dove is a symbol of peace.* > symbolise (v), symbolic (adj)
- 2.196 peace (n) /piːs/ a time when there is no war ● *In times of* peace people can cultivate the land and grow more crops. >> peaceful (adj)
- 2.197 recognise (v) /'rekəgnaız/ know what sb or sth is ● *Can you recognise different kinds of fish?* ➤ recognition (n), recognisable (adj)
- 2.198 valuable (adj) /'væljuəbl/ very useful because it is good for you • Let me give you some valuable advice about what to do. ➤ value (n, v)
- 2.199 account for (phr v) /ə'kaʊnt fə(r)/ be a particular amount or part of sth • *Example sentence*.

- 2.200 associate (with) (v) /ə'səʊsieɪt (wıð)/ connect with ● *Living a long time is associated with a well-balanced diet.* > association (n)
- 2.201 assume (v) /ə'sjuːm/ think that sth is true but without having proof • *I assume everyone is coming to the party, but I'll check.* ≻ assumption (n)
- 2.202 god (n) /gpd/ a male spirit who is believed by some people to control the world or part of it ● *Dionysos was the Greek god of wine.* > goddess (n), godly (adj)
- 2.203 goddess (n) /'gpdes/ a female spirit who is believed by some people to control the world or part of it ● Aphrodite was the goddess of love. > god (n), godly (adj)
- 2.204 remarkable (adj) /rɪ'mɑːkəbl/ impressive ● The olive tree is a remarkable plant because it offers us so many things. ➤ remark (v)

### Look!

civilisation Br English organiser Br English recognise Br English civilization Am English organizer Am English recognize Am English