

5

If At First You Don't Succeed...

page 65

- 5.1 **spawn** (v) /spɔːn/
lay eggs • *Frogs usually spawn in the lake at this time of year.* > spawn (n)

Reading

pages 66-67

- 5.2 **lure** (n) /lʊə(r)/
attractiveness; appeal • *The lure of city life drove her to leave her village.* > lure (v)
- 5.3 **smattering** (n) /'smætərɪŋ/
a very small amount • *Knowing only a smattering of German, Olga had no intention of going to university in Frankfurt.*
- 5.4 **fire** (v) /'faɪə(r)/
excite or interest sb in sth • *The wildlife documentary fired his interest in travelling to New Guinea.*
- 5.5 **vocation** (n) /vəʊ'keɪʃn/
a chosen profession or job that you feel suits you • *Leo followed his dreams and found his true vocation as a football coach.* > vocational (adj)
- 5.6 **set your sights on sth** (expr) /sət ʤɔː(r) saɪts ʊn 'sʌmθɪŋ/
be determined to achieve sth • *Roxanne knew she had to study hard as she had set her sights on becoming a doctor.*
- 5.7 **on the dole** (expr) /ʊn ðə dəʊl/
unemployed and living on state benefits • *How long was she on the dole before she found another job?*
- 5.8 **vicious circle** (expr) /'vɪʃəs 'sɜːkl/
a bad situation that is hard to get out of as one problem leads to another • *They felt trapped in a vicious circle of poverty and unemployment.*
- 5.9 **make your way in life** (expr) /meɪk ʤɔː(r) weɪ ɪn laɪf/
be successful and make progress • *Betty left home to make her own way in life as soon as she finished her studies.*
- 5.10 **aimlessness** (n) /'eɪmləsənəs/
the state of having no plans or idea what to do • *The economic crisis has left so many people out of work with feelings of aimlessness.* > aimless (adj), aimlessly (adv)
- 5.11 **ritual** (n) /'rɪtʃuəl/
a sequence of actions repeated often in the same way • *Steven was used to the daily ritual of commuting to and from work.* > ritual (adj), ritually (adv)

- 5.12 **surrogate** (adj) /'sʌrəgət/
substituting for sth else which is not available • *Abandoned a few days after birth, the kitten was fortunately adopted and raised happily by its surrogate family.* > surrogate (n)
- 5.13 **camaraderie** (n) /kəmə'rɑːdəri/
the friendly bond between people who work together or are in similar circumstances • *A sense of camaraderie developed among the earthquake victims camped in the park.*
- 5.14 **inducement** (n) /ɪn'djuːsmənt/
sth given to sb to entice them to do sth • *Unfair taxation systems are no inducement for people to start up a new business.* > induce (v)
- 5.15 **turn over a new leaf** (expr) /tɜːn 'əʊvə(r) ə njuː liːf/
change the way you behave to be a better person • *Upon his release from prison, Jimmy decided to turn over a new leaf and look for an honest job.*
- 5.16 **grassroots** (n) /grɑːs ruːts/
the ordinary people in a group or society and not their leaders • *At grassroots level, many people are happy to complain, but few are willing to step up and take responsible decisions.*
- 5.17 **fall through the cracks** (expr) /fɔːl θruː ðə kræks/
not be noticed or dealt with • *Mike had fallen through the cracks of the education system and couldn't read or write until his 20s.*
- 5.18 **rehabilitation** (n) /,rɪːə,bɪlɪ'teɪʃn/
the process of helping sb change to have a healthier or more acceptable lifestyle after a period of illness or addiction, etc. • *Parents of teenage addicts can speak to a counsellor at the drug rehabilitation centre.* > rehabilitate (v)
- 5.19 **entrepreneur** (n) /,ɒntrəprə'nɜː(r)/
sb who opens a new type of business to earn money • *As a budding entrepreneur, he founded his first company at the age of 19.* > entrepreneurial (adj)
- 5.20 **alluring** (adj) /ə'lʊərɪŋ/
attractive and exciting • *The prospect of a free trip to Iceland seemed most alluring.* > allure (v), alluringly (adv)
- 5.21 **inherently** (adv) /ɪn'hɪərəntli/
due to the basic nature of sth/sb • *Although Daisy is a charming dog, she is inherently disobedient having had no early training.* > inhere (v), inherent (adj)

- 5.22 conclusive** (adj) /kən'klu:si:v/
that proves sth completely • *Without conclusive proof, police cannot arrest the suspected arsonist.* > conclude (v), conclusion (adj), conclusively (adv)
- 5.23 empowerment** (n) /ɪm'pauəmənt/
the act of enabling sb to become stronger and have more control over their circumstances • *Having a comfortable private office space gave Sarah a sense of empowerment and confidence in her work.* > empower (v)
- 5.24 downward spiral** (expr) /'daʊnwəd 'spairəl/
a situation that worsens progressively • *The international economy is on a downward spiral, signalling the end of the consumerist era.*
- 5.25 headlong** (adv) /'hedlɒŋ/
quickly and directly without considering the consequences • *Losing control of her company's budget, she fell headlong into bankruptcy.* > headlong (adj)
- 5.26 juvenile detention centre** (n) /'dʒu:vənəɪl dɪ'tenʃn 'sentə(r)/
an institute where convicted criminals under 18 years old are imprisoned • *Most of the gang members had already spent a few months in a juvenile detention centre.*
- 5.27 allegiance** (n) /ə'li:dʒəns/
loyal support • *The new army recruits had to pledge allegiance to their country.*
- 5.28 thick and fast** (expr) /θɪk ənd fɑ:st/
very quickly and in great numbers • *Applications for the job were pouring in thick and fast.*
- 5.29 bespectacled** (adj) /bɪ'spektəklɪd/
wearing glasses • *A bespectacled librarian directed me to the reference section.*
- 5.30 prospective** (adj) /prə'spektɪv/
likely to become or do sth • *I sent my CV to dozen of prospective employers.* > prospect (v), prospect (n)
- 5.31 lad** (n) /læd/
a boy or young man • *A group of lads were hanging around outside the cafe.*
- 5.32 live wire** (n) /laɪv 'waɪə(r)/
a very energetic person who is hard to control • *Annabelle's daughter is quite shy, but her son is a real live wire.*
- 5.33 garner** (v) /'gɑ:nə(r)/
acquire and gather • *Ted shows off a bit too much in an effort to garner approval from his peers.*
- 5.34 round of applause** (expr) /raʊnd əv ə'plɔ:z/
a short period of people clapping to show approval • *He received a huge round of applause at the end of his speech.*
- 5.35 ridicule** (n) /'rɪdɪkjʊ:l/
comments made to make sb look stupid • *The prime minister was coming in for a great deal of ridicule from the media.* > ridicule (v), ridiculous (adj), ridiculously (adv)
- 5.36 so-called** (adj) /,səʊ 'kɔ:ld/
used before a description to show that you don't consider it appropriate • *The so-called 'war on terror' is generating more terrorism than tackling it.*
- 5.37 welfare** (n) /'welfeə(r)/
financial or other aid that the government gives to people who are unemployed, poor or have special needs, etc. • *Most people would prefer to have a job than live on welfare.*
- 5.38 ghetto** (n) /'getəʊ/
a poor area of a city where people of the same background tend to be concentrated • *There was more news of rioting and clashes between gangs and police in the Paris ghetto.*
- 5.39 benefit** (n) /'benɪfɪt/
money that the government pays to people who are unemployed, poor or have special needs, etc. • *Matthew was flat broke when his out-of-work benefit stopped after one year on the dole.* > benefit (v), beneficiary (n), beneficial (adj), beneficially (adv)
- 5.40 intergenerational** (adj) /,ɪntə,dʒɛnə'reɪʃənəl/
including people of different age groups • *The centre offers intergenerational sessions where older people teach skills to unemployed youths.*
- 5.41 rebellion** (n) /rɪ'beljən/
resistance against authority; reluctance to obey and attempts to change accepted rules • *Most children show signs of rebellion against their parents from the age of 12 upwards.* > rebel (v), rebel (n), rebellious (adj), rebelliously (adv)
- 5.42 thug** (n) /θʌg/
a violent criminal • *The 'friendly' match was cut short when a group of thugs started throwing things at the players.* > thuggery (n), thuggish (adj)
- 5.43 wannabe** (adj) /'wɒnəbi/
trying to behave like sb that you want to be the same as • *Outside the studio were hundreds of wannabe singers awaiting their auditions.* > wannabe (n)
- 5.44 gangster** (n) /'gæŋstə(r)/
a member of a gang of criminals • *The sleazy nightclub was run by a local gangster.*
- 5.45 insight** (n) /'ɪnsaɪt/
a piece of information or close look that gives you an understanding of sth • *The documentary gave us some insight into the living conditions in Brazilian favelas.* > insightful (adj)

- 5.46 veteran** (n) /'vetərən/
sb who has had long-term experience in an activity or job • *A Nobel Literature Prize was offered to the veteran singer Bob Dylan.*
- 5.47 twinkle** (n) /'twɪŋkl/
an amused expression in your eyes • *From the slight twinkle in her eye, I knew my friend was about to make a happy announcement.*
> twinkle (v), twinkling (adj)
- 5.48 specs** (abbrev) /speks/
glasses; abbreviation of *spectacles* • *Ian can't read anything without his specs on.*
- 5.49 get down to business** (expr) /get daʊn tə 'bɪznəs/
start work on sth seriously • *Let's get down to business before we run out of time to finish this job.*
- 5.50 reminisce** (v) /,remɪ'nɪs/
think or talk about past experiences or events
• *While my parents used to grumble about their boss, they now reminisce about the good times when they had steady jobs.*
> reminiscence (n), reminiscent (adj)
- 5.51 transition** (n) /træn'zɪʃn/
the process of changing from one situation to another • *Adolescence is an interesting transition from childhood to adulthood, which is equally puzzling for parents of teenagers.*
> transition (v)
- 5.52 law-abiding** (adj) /lɔ: ə'baɪdɪŋ/
doing everything by the law; never breaking the law • *Even the most law-abiding drivers fail to notice speed restriction limits where the signs are obscured by trees.*
- 5.53 aspiration** (n) /,æspə'reɪʃn/
a strong hope to achieve sth • *With aspirations of fame and fortune, he set out for the bright lights of Broadway.* > aspire (v), aspiring (adj), aspirational (adj)

Attitudes & States: nouns

| | |
|----------------|----------------|
| adversity | fulfilment |
| aimlessness | ineptness |
| allegiance | initiative |
| anguish | irregularity |
| aspiration | irresolution |
| attainment | lethargy |
| awe | lure |
| backbone | perseverance |
| camaraderie | prevalence |
| caste | rebellion |
| disorientation | recognition |
| empowerment | stratification |
| entrepreneur | |

Vocabulary pages 68-69-70

- 5.54 adversity** (n) /əd'vɜ:ɪsəti/
an extremely difficult situation • *In the face of adversity, she turned to her closest friends for support.* > adverse (adj), adversely (adv)
- 5.55 fulfilment** (n) /fʊl'fɪlmənt/
the achievement of or sense of achieving sth you hoped for • *Seeing her own name above the shop gave Sheila a sense of fulfilment.*
> fulfil (v), fulfilling (adj)
- 5.56 perseverance** (n) /,pɜ:ɪsɪ'vɪərəns/
the quality of continuing without giving up until you achieve a goal • *It was no easy hike, but we reached the peak through sheer perseverance.* > persevere (v), persevering (adj)
- 5.57 prevalence** (n) /'prevələns/
the fact of being noticeably common or occurring frequently in a particular place
• *With the increasing prevalence of street gangs in the neighbourhood, we decided it was time to move house.* > prevail (v), prevalent (adj), prevailing (adj)
- 5.58 dogged** (adj) /'dɒɡɪd/
persistent • *Mark never gave up his dogged attempts to make it to the top of his profession.*
> dog (v)
- 5.59 broken home** (n) /'brəʊkən həʊm/
a family with divorced or separated parents
• *The concept of coming from a broken home no longer carries the social stigma of the past and has arguably become the new norm.*
- 5.60 fast track** (n) /fɑ:st træk/
a quick way to complete or achieve sth
• *Hugh's dreams were shattered when he lost the talent contest that he had regarded as a fast track to fame.* > fast-track (v), fast-track (adj)
- 5.61 rosy** (adj) /'rəʊzi/
likely to be a success; over-optimistic • *They retired with hopes of living a rosy life in the countryside.*
- 5.62 crude** (adj) /kru:ɪd/
basic and unrefined (usually in a negative sense); vulgar • *Kate tried to ignore the crude remarks from the group of teenagers on the street.* > crudeness (n), crudely (adv)
- 5.63 raw** (adj) /rɔ:/
natural and uncontrolled (in a positive or negative sense) • *Tears filled his eyes and he could not conceal his raw emotion.*

- 5.64** **gritty** (adj) /'grɪti/
describing sb who is brave and determined;
describing a realistic unpleasant situation
● *Only by gritty determination did Vanessa win the tournament.* > grit (n), grittiness (n)
- 5.65** **bleak** (adj) /bli:k/
hopeless; discouraging ● *The prospects looked bleak for the housing market with the economic downturn.* > bleakness (n), bleakly (adv)
- 5.66** **harsh** (adj) /hɑ:ʃ/
severe ● *Living on the streets is particularly harsh in winter.* > harshness (n), harshly (adv)
- 5.67** **bash** (v) /bæʃ/
hit sb/sth hard ● *He slipped on the ice and bashed his head on the pavement.* > bash (n)
- 5.68** **dash sb's hopes** (expr) /dæʃ 'sʌmbədiz hæʊps/
destroy sb's hopes ● *Louise's hopes of getting the job were dashed when she missed the interview due to the train delay.*
- 5.69** **blunt** (v) /blʌnt/
make sth less sharp; make sth less effective
● *Her first month at university had blunted her desire to become a lawyer.* > bluntness (n), bluntly (adv)
- 5.70** **aptitude** (n) /'æptɪtju:d/
a natural talent for doing sth ● *All applicants for the post had to sit an aptitude test.* > apt (adj), aptly (adv)
- 5.71** **backbone** (n) /'bækbəʊn/
strength of character ● *Nigel didn't have the backbone to face the reporters after his defeat.*
- 5.72** **initiative** (n) /ɪ'nɪʃjətɪv/
the chance to make a decision quickly and act on sth before sb else does ● *Claire took the initiative of designing a new company logo.* > initiate (v), initiation (n)
- 5.73** **recognition** (n) /,rekəg'nɪʃn/
public praise for your actions ● *The great artist died in poverty and his masterpieces only received recognition years later.* > recognise (v), recognised (adj), recognisable (adj)
- 5.74** **anguish** (n) /'æŋɡwɪʃ/
extreme suffering or distress ● *They suffered the anguish of seeing their home destroyed in the war.* > anguished (adj)
- 5.75** **attainment** (n) /ə'teɪnmənt/
achievement of a goal ● *Despite her high level of attainment at school, Agnes preferred farming work to the prospect of university.* > attain (v), attainable (adj)
- 5.76** **ineptness** (n) /ɪ'neptnəs/
lack of ability or skill ● *He was fired for his ineptness at handling customer complaints.* > inept (adj), ineptly (adv)
📌 Syn: ineptitude
- 5.77** **irresolution** (n) /ɪ,rezə'lu:ʃn/
the inability or unwillingness to make a decision ● *Your irresolution completely blew your chances of winning the contract; you should have made up your mind sooner.* > irresolute (adj), irresolutely (adv)
- 5.78** **lethargy** (n) /'leθədʒi/
tiredness and/or lack of enthusiasm ● *It took Gary a few weeks to shake off the lethargy brought on by his illness.* > lethargic (adj)
- 5.79** **caste** (n) /kɑ:st/
a social class, especially in Hindu society
● *Only members of the ruling caste are allowed entry to this club.*
- 5.80** **stratification** (n) /,strætɪfɪ'keɪʃn/
the state of being separated into different levels ● *Social stratification was clearly taken into account when they appointed the company director.* > stratify (v)
- 5.81** **irregularity** (n) /ɪ,regjə'lærəti/
sth unacceptable by the usual rules; an error
● *The opposition party claimed there had been irregularities during the ballot counts.* > irregular (adj), irregularly (adv)
- 5.82** **toughen up** (phr v) /'tʌfən ʌp/
become stronger and more resilient ● *If you hope to start a business, you'd better toughen up and take some risks.*
- 5.83** **leap at** (phr v) /li:p ət/
accept enthusiastically ● *Basil leapt at the chance to go to music school.*
- 5.84** **fall in with sb** (phr v) /fɔ:l ɪn wɪθ 'sʌmbədi/
become friends with ● *He fell in with bad company and began playing truant with them.*
- 5.85** **slip up** (phr v) /slɪp ʌp/
make a careless mistake ● *The robber slipped up by calling his friend by his real name, so the whole gang got caught.* > slip-up (n)
- 5.86** **get caught up in sth** (exp) /get kɔ:t ʌp ɪn 'sʌmθɪŋ/
become unwillingly involved ● *I got caught up in heavy traffic this morning.*
- 5.87** **intern** (n) /'ɪntɜ:n/
a student or graduate who has a temporary work experience post in a workplace ● *While studying for his master's degree, Andrew worked as an intern at a local newspaper office.* > internship (n)

- 5.88** **let go** (phr v) /let gəʊ/
fire; dismiss sb • *The company had to let half the staff go when sales figures kept dropping.*

Phrasal verbs

| | |
|------------------|------------|
| fall in with sth | slip up |
| leap at | toughen up |
| let go | |

- 5.89** **pluck up the courage** (expr) /plʌk ʌp ðə 'kʌrɪdʒ/
manage to feel brave enough to do sth despite the risk involved • *Stephanie finally plucked up the courage to ask for a pay rise.*
- 5.90** **down the drain** (expr) /dəʊn ðə dreɪn/
wasted • *Don't buy that old car! It would be just money down the drain.*
- 5.91** **throw in the towel** (expr) /θrəʊ ɪn ðə 'taʊəl/
give up trying • *The course is harder than I expected, but I'm not ready to throw in the towel yet.*
- 5.92** **make a go of sth** (expr) /meɪk ə gəʊ əv 'sʌmθɪŋ/
do your best to succeed in sth • *Despite some teething problems getting started, she's making a go of writing her first novel.*
- 5.93** **fall short of sth** (expr) /fɔːl ʃɔːt əv 'sʌmθɪŋ/
be below the necessary standard • *The hotel service fell short of our expectations.*
- 5.94** **blow your chance** (expr) /bləʊ jɔː(r) tʃɑːns/
do sth that destroys your hope of success
• *He blew his chance at the interview by showing reluctance to do overtime.*
☞ Syn: blow it
- 5.95** **not hold out much hope** (expr) /nɒt həʊld aʊt mʌtʃ həʊp/
be pessimistic about sth • *They didn't hold out much hope of crossing the Atlantic in their small sailing boat.*
- 5.96** **pick up the pieces** (expr) /pɪk ʌp ðə piːsəz/
recover or help sb to recover to normal after a setback • *Lindsey avoided criticising her son's choice of partner, but she was around to pick up the pieces after his divorce.*
- 5.97** **be sucked in** (expr) /bi sʌkt ɪn/
become compelled to get involved in • *I tried not to get sucked into yet another boring discussion about British politics.*
- 5.98** **big yourself up** (expr) /bɪg jɔː'self ʌp/
boast by saying overly positive things about yourself • *Georgia kept bigging herself up to get voted in as class president.*

- 5.99** **proactive** (adj) /ˌprəʊ'æktɪv/
taking action to make things happen and direct a situation • *Team members are expected to be proactive and work towards joint solutions to develop this project.* > proactively (adv)
- 5.100** **scam** (n) /skæm/
a devious and illegal way to obtain money from others • *Jill nearly fell for a phone scam when someone called to say she had won a free holiday to the Caribbean.* > scam (v)
- 5.101** **materialise** (v) /mə'tɪəriəlaɪz/
become a reality; happen as planned • *The college gave a guarantee that we would all instantly find great jobs after the course, but we are still waiting for them to materialise.*
> materialisation (n), material (adj), materially (adv)
- 5.102** **mercenary** (adj) /'mɜːsənəri/
interested in sth for the money • *He's only working for the NGO for mercenary reasons.*
> mercenary (n)
- 5.103** **in retrospect** (expr) /ɪn 'retrəspekt/
looking back after the event • *In retrospect, she regretted not having left her birthplace when she was younger.* > retrospection (n), retrospective (adj), retrospectively (adv)
- 5.104** **awe** (n) /ɔː/
a feeling of admiration and wonder
• *They gazed in awe across the magnificent landscape.* > awe (v)
- 5.105** **emulate** (v) /'emjuleɪt/
try to do sth in the same way as sb else
• *He hopes to be able to emulate his favourite guitarist's performance one day.* > emulation (n), emulator (n)
- 5.106** **astounded** (adj) /ə'staʊndɪd/
shocked or surprised at an unlikely achievement • *We were astounded to hear that the dean had been arrested.* > astound (v), astounding (adj), astoundingly (adv)
- 5.107** **at stake** (expr) /ət steɪk/
likely to fail or succeed depending on an action
• *The talks went on for hours as the future of the country was at stake.* > stake (v)
- 5.108** **lucrative** (adj) /'luːkrətɪv/
profit-making • *Despite the lucrative salary offered, Eva felt morally obliged to turn down the job in the unscrupulous company.*
> lucratively (adv)
- 5.109** **deterrent** (n) /dɪ'terənt/
sth that prevents or dissuades sb from doing sth • *The image of a cross section of a smoker's lung was used as a deterrent to teenage smoking.* > deter (v), deterrent (adj)

- 5.110 elevate** (v) /'elɪveɪt/
raise sth to a higher position • *His hopes of winning elevated after he won in the quarter finals.* > elevation (n), elevated (adj), elevating (adj)
- 5.111 escalate** (v) /'eskəleɪt/
quickly worsen • *The wave of violence escalated as the word was spread through social media.* > escalation (n), escalator (n)

Grammar pages 71-72-73

- 5.112 fugitive** (n) /'fjuːdʒətɪv/
sb who is running away to avoid capture
• *With sniffer dogs on his trail, the fugitive escaped by floating down the river on a log.*
> fugitive (adj)
- 5.113 volatile** (adj) /'vɒlətaɪl/
having a tendency to change suddenly;
unstable • *If the housing market weren't so volatile, I'd prefer to sell up immediately.*
> volatility (n)

Listening

page 74

- 5.114 bucket list** (n) /'bʌkɪt lɪst/
a list of things you'd like to do in your lifetime
• *Long-distance travel features high on most people's bucket lists.*
- 5.115 knock** (v) /nɒk/
criticise • *Don't knock the idea of self-publishing your book; it worked for some of the best-selling writers.* > knock (n)
- 5.116 have a go at sth** (expr) /həv ə ɡəʊ at 'sʌmθɪŋ/
try doing sth • *Harry had a go at sky-diving, but he was too scared to do it a second time.*
- 5.117 obligatory** (adj) /ə'blɪɡətəri/
that must be done because of a rule, etc.; compulsory • *A period of army service is obligatory for young men in many countries.*
> oblige (v), obligation (n)

Speaking

page 75

- 5.118 double-edged sword** (expr) /'dʌbl edʒd sɔːd/
sth that has both benefits and drawbacks
• *Emigration is a double-edged sword that brings new opportunities but presents the challenges of living in another culture as a foreigner.*

Expressions

at stake
be inclined to agree
be sucked in
big yourself up
blow your chance
catch sb off guard
cream of the crop
double-edged sword
down the drain
downward spiral
fall short of sth
fall through the cracks
get caught up in sth
get down to business
in retrospect
make a go of sth
make your way in life
not hold out much hope
on the dole
pick up the pieces
pluck up courage
round of applause
set your sights on sth
thick and fast
throw in the towel
turn over a new leaf
vicious circle

Writing

pages 76-77

- 5.119 cream of the crop** (expr) /kriːm əv ðə krɒp/
the best from a group or large number of things/people • *Naturally, that private school has a high pass rate since they only accept applicants who are already the cream of the crop.*
- 5.120 fast-paced** (adj) /fɑːst peɪsd/
that happens very quickly • *Amanda sat peacefully on the station platform reading her book, ignoring the fast-paced, smartphone-wielding wannabes sharing her commute.*
- 5.121 aspirational** (adj) /,æspə'reɪʃənəl/
full of aspirations to improve your situation
• *Advertisements for the new housing estate were designed with the aspirational new-moneyed middle-class customer in mind.*
> aspire (v), aspiration (n)
- 5.122 misguidedly** (adv) /,mɪs'gaɪdɪdli/
wrongly, due to an error of judgement
• *Bradley misguidedly turned to drugs in search of the excitement that was lacking in his everyday life.* > misguided (adj)

Video 5: Surviving Deadly Everest page 78

- 5.123** **fertile** (adj) /'fɜːtaɪl/
that encourages activity or productivity
• *The university campus was fertile ground for radical groups.* > fertility (n)
✎ Opp: infertile
- 5.124** **be inclined to agree** (expr) /biː ɪn'klaɪnd tuː ə'grɪz/
used to express you have a similar opinion
• *I'm inclined to agree that we shouldn't risk hiking in this weather.*
- 5.125** **forge** (v) /fɔːdʒ/
create • *Strong bonds were forged between the participants on the course.* > forge (n)
- 5.126** **unscrupulous** (adj) /ʌn'skrʊ:pjələs/
dishonest and immoral • *Unscrupulous employers have used the job crisis to exploit their workers by lowering wages to the minimum.* > unscrupulousness (n), unscrupulously (adv)
✎ Opp: scrupulous
- 5.127** **harshly** (adv) /'hɑːʃli/
strictly; unkindly • *Matilda felt that her tutor had assessed her essay too harshly because he held conflicting opinions on the topic.*
> harshness (n), harsh (adj)
- 5.128** **small-minded** (adj) /smɔːl 'maɪndɪd/
intolerant and stubborn; with a narrow set of rigid views • *Martha relished the anonymity of the city in stark contrast to the small-minded village community she had left.* > small-mindedness (n)

- 5.129** **crampon** (n) /'kræmpən/
a metal plate with sharp points, which you attach to the sole of a boot or shoe for climbing on ice or snow • *We were well-equipped for the winter hike with crampons attached to our boots to cross the icy trail.*
- 5.130** **catch sb off guard** (expr) /kætʃ 'sʌmbədi ɒf ɡɑːd/
take sb by surprise at a weak moment when they are unprepared • *A huge wave caught us off guard and almost capsized our yacht.*
- 5.131** **unawares** (adv) /,ʌnə'weəz/
unexpectedly; without noticing • *Engrossed in their fishing, the anglers drifted unawares out to sea.* > unaware (adj)
- 5.132** **oncoming** (adj) /'ɒnklʌmɪŋ/
approaching • *Blinded by oncoming headlights, he swerved and crashed into the ditch.*
- 5.133** **altitude** (n) /'æltɪtjuːd/
the distance above ground level • *The plane suddenly dropped to a low altitude and crashed into the mountainside.*
- 5.134** **blizzard** (n) /'blɪzəd/
a heavy snowstorm with strong winds • *Our car got stuck on the road in a raging blizzard.*
- 5.135** **disorientation** (n) /dɪs,ɔːrɪən'teɪʃn/
the confused state of not knowing which direction to take • *Dennis went through a period of disorientation upon his return home following his stay in hospital.* > disorientate (v), disorientated (adj)

Attitudes & States: adjectives & adverbs

| | |
|-------------------|--------------|
| alluring | lucrative |
| aspirational | mercenary |
| astounded | misguidedly |
| bleak | proactive |
| crude | prospective |
| dogged | raw |
| fast-paced | rosy |
| fertile | small-minded |
| gritty | surrogate |
| harsh | unawares |
| harshly | unscrupulous |
| headlong | volatile |
| intergenerational | wannabe |
| law-abiding | |